

Manifesting for Mortals

Love Edition



Focused concepts and questions

For

The Law of Compensation

As you consider the concepts for the Law of Compensation, please remember the following:

As the quote in the main workbooks states

“The only thing that can be denied to you is that which you refuse to give.”

In accordance with this law, it is a given that you must be open and truthful with the expectation of receiving it in kind. It follows, therefore that if you are open and truthful and do not receive the same courtesy, consider it a red flag and at the very least ask about it.

Pay attention to *how much* you give to another. It is easy to fall into the trap of giving and giving and giving with no expectation of receiving. This is out of balance with the law and certainly out of balance in a relationship. This isn't about score keeping, but rather building awareness. If you are giving with the expectation of receiving, or if you find yourself frustrated because you are contributing so much to a relationship with now return, it is an indication that the give and take is out of balance.

Over-giving is also a surefire way to fall into the trap of co-dependency and mothering (or better yet Smothering). It is not for us to determine what another person requires or needs, as a matter of fact, it's rather egotistical to consider that we would even know what another person needs!

In a spiritual partnership, it is better to ask if something is needed rather than give something that was not requested. It's just a waste of energy and time. Likewise, it is better to ask for what you need than to hint, or manipulate someone into giving an inappropriate substitute for what you actually want.

Questions for reflection:

1. Receiving is hard sometimes, because we're taught to give but rarely taught to receive.
 - a. Do you have a hard time receiving?
 - b. How can you build your Spiritual Receiving Muscle?
2. Do you Over-Give?
 - a. What are the signs that you are doing so?
 - b. How comfortable are you with simply receiving and not giving at all?
 - c. How comfortable are you with waiting for someone to give first?
3. What insights have you gained from this exercise?

4. Add any new information you have gained to your master list of essentials, necessities or desires.